

LECTURE-6

Herpes virus and Pox virus

Introduction

Nearly everyone will be affected by some type of herpes virus at some time in his or her life. Herpes simplex virus belongs to the family of **herpesviridae** which consists of **more than 80** distinct types of viruses that are found in nearly every kind of animals such as fishes, frogs, birds, cats, dogs, mice, snakes, lizards, monkeys, cows, horses, humans, and more

Classification

The classification of herpes viruses is complex! All herpes viruses share a common morphology and have **genomes of linear, doublestranded DNA** (dsDNA) but The family Herpesviridae is further **subdivided into three subfamilies**: **Alphaherpesvirinae**, **Betaherpesvirinae** and **Gammaherpesvirinae**, and the subfamilies are subdivided into genera.

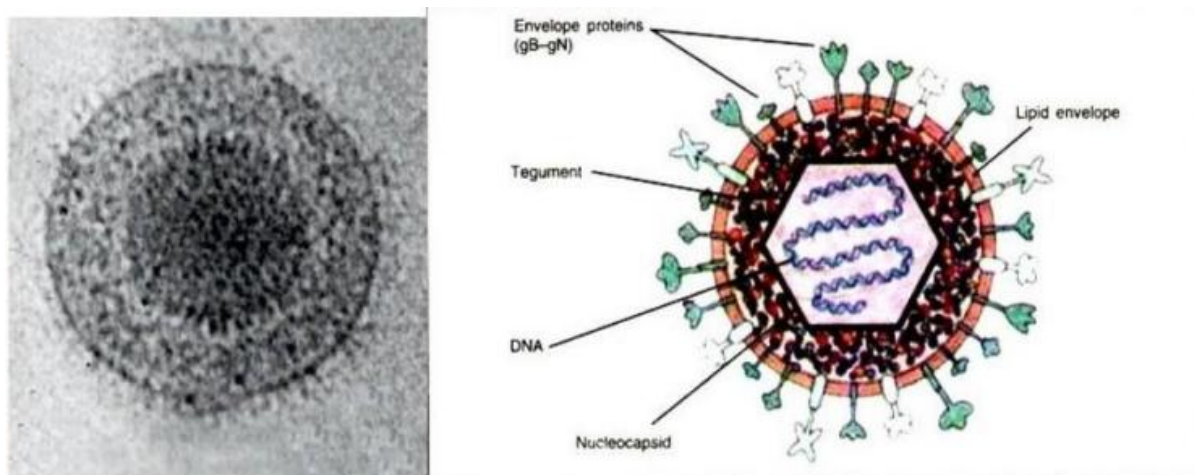
TABLE 57-1

Classification of human herpesviruses

Subfamily	Scientific name	Common name	Site of latency
Alphaherpesvirinae	Human herpesvirus 1	Herpes simplex virus type 1	Neurons
	Human herpesvirus 2	Herpes simplex virus type 2	Neurons
	Human herpesvirus 3	Varicella zoster virus	Neurons
Gammaherpesvirinae	Human herpesvirus 4	Epstein-Barr virus	Lymphoid tissues
	Human herpesvirus 8	Kaposi's sarcoma-related virus	—
Betaherpesvirinae	Human herpesvirus 5	Cytomegalovirus	Monocytes and lymphocytes in secretory glands
	Human herpesvirus 6	Human B cell lymphotropic virus	Lymphoid tissue
	Human herpesvirus 7	RK virus	Lymphoid tissue

Virion Properties

Herpes virus virions are **enveloped** and include a **core**, **capsid**, and **tegument** (a layer of globular material surrounding the capsid which is enclosed by a typical lipoprotein envelope with numerous small glycoprotein spikes). The nucleocapsid is spherical **icosahedral**. The core consists of the viral genome packaged as a single, linear dsDNA molecule within the protein capsid. **Because** of the **variable size of the envelope**, **virions can range in diameter from 120 to 250 nm**.



Types of human herpes viruses and their Characteristics

1- Herpes simplex virus type 1 (HSV-1)/

Human herpes virus-1 **Herpes simplex virus type 1** causes mainly **oral** and **ocular** manifestations. **Fever blister** or **cold sores** of the **face**, **mouth**, and **lips** are the most common symptoms of HSV-1 outbreaks.

Besides causing cold sores and possibly spreading to the genital region, HSV-1 has now been linked with the development of **serious neurological diseases such as Alzheimer's disease**. One can contract HSV-1 through direct contact with sites of viral shedding or mucocutaneous fluids. Some of the infections caused by HSV-1 are **pharyngitis**, **tonsillitis**, **gingivostomatitis**, **stromal keratitis**, **retinitis**, **encephalitis**, **pneumonitis**, **esophagitis**, and **hepatitis**. The recurrences of HSV-1 can be triggered either by internal factors (fever, illness, menstruation, gastrointestinal and respiratory infections, diabetes, hyperthyroidism, fatigue and factors that depress the immune system); or external factors such as exposure to wind, burn, ultraviolet radiation and emotional stress.

2- Herpes simplex virus type 2 (HSV-2)/

Human herpes virus-2 **Human herpes virus-2** is the typical cause of **genital herpes** and classified as a sexually transmitted disease. The adolescents and adults are mainly affected by HSV-2. Excretion of the virus from herpetic lesions mainly lips and genitals of asymptomatic people are regarded as the most important source of the virus. The genital herpes is characterized by painful ulcerated lesions and sores on the genitalia, which increases the risk of contracting HIV by two or three times, as it is believed **that 40-60% of HIV patients showed prior infection with HSV-2**. **Recurrent genital herpes is mainly caused by HSV- 2** through direct contact with sites of viral shedding after reactivation of the virus from its latency in sacral ganglia during sexual

intercourse; transferred from mother to child through contact with an infected birth canal, infected caregiver or through ingestion of infected maternal secretions, known as intrauterine infections during child birth. The neonatal infections by HSV-2 pose serious threats in the skin, eye, mouth, herpes encephalitis, and meningitis and dispersed multi-organ infections as they often lead to fatal diseases

3- Herpes zoster virus (HZV)/ Varicella zoster virus (VZV)/

Human herpes virus-3 Chickenpox is the results of first-time infection by HZV and the virus causes shingles when it reappears in a person's life. Rarely, HZV may cause a life threatening due to the infection on central nervous system.

4- Epstein-Barr virus (EBV)/ Human herpes virus-4

Epstein-Barr virus is the major cause of infectious mononucleosis (kissing disease), chronic fatigue syndrome, and disorders of the immune system and linked with lupus, lymphomas, and other cancers. EBV is now considered to be quite damaging and causing genetic mutations in the body

5- Cytomegalovirus (CMV)/ Human herpes virus-5

Cytomegalovirus can cause mononucleosis, hepatitis and can be transmitted through sexual contact . The occurrence of CMV is strongly correlated with asymptomatic vascular diseases such as heart, coronary artery and atherosclerosis. CMV infects about 60% of adults, among homosexual men and is associated with HIV. CMV infection during pregnancy carries a high risk of intrauterine transmission which may result in growth retardation, jaundice, and central nervous system abnormalities. Those who are asymptomatic at birth may develop hearing defects or learning disabilities later in life.

6- Human herpes viruses - Types 6, 7 and 8 (HHV- 6, HHV-7 and HHV-8)

All human herpes viruses are associated with disorders of the immune system.

Viral replication

Herpes simplex virus (HSV) grows very rapidly in infected cells, requiring only 8–16 hours for completion. The virus infects most types of cells in human hosts and usually causes lytic infections of the fibroblasts and epithelial cells. After entry into the cell, the virion is uncoated, genome is released, and the genome DNA enters into the nucleus. The mRNA is transcribed by host cell RNA polymerase and then translated into early nonstructural proteins. Subsequently, the viral DNA polymerase replicates the genome DNA, during which synthesis of early proteins is stopped but synthesis of late structural proteins begins. These

late proteins are **transported to the nucleus** where **assembly** of **virion** occurs. The virion acquires its **envelope** by **budding** through **the nuclear membrane**. It also causes **latent infections** of **neurons** by the **presence of multiple copies of HSV-1 DNA** in **the cytoplasm** of **infected neurons**.

Diagnosis

Clinical examination of persons with no previous history of lesions and contact with an individual with known HSV-1 infection. The appearance and distribution of sores in these individuals typically presents as multiple, round, superficial oral ulcers accompanied by acute gingivitis, Also the diagnostic methods for detection of herpesvirus:-

- Virus-Specific Polymerase Chain Reaction (**PCR**).
- **Electron Microscopy** Of Vesicular Fluid Or Scrapings.
- **Immunofluorescence Staining** Of Smears Or Tissue Sections.
- **Virus Isolation** And Characterization Provide A Definitive Diagnosis.
- **Specific enzyme immunoassays** for antibody detection (serology).

Immunity, Prevention and Control

Control strategies are directed at management practices and **vaccination**. **Bovine herpes virus 1 vaccines** are used extensively, alone or in combination as multiple virus formulations, **Inactivated and live-attenuated vaccines** are available and **recombinant DNA vaccines** Although they do not prevent infection, vaccines significantly **reduce the incidence and severity of disease**. **Prevention of the HSV 1 infection** can be achieved by **avoiding the physical contact, kissing** when the lesions are present, touching or using the patient's eating or drinking utensils. Even though **antiviral treatments** can reduce the frequency, and severity of outbreaks, there is no treatment that **can eradicate herpes** simplex virus-1. However, **asymptomatic carriers of the HSV-2** are still **contagious**. Some asymptomatic individuals are unaware of their infection, they are considered at **high risk for spreading HSV**.

POXVIRUSES

General features and diseases caused by Poxviruses: -

- Poxviruses are Very large, **brick-shaped** viruses about 300 x 200 nm (the **size of small bacteria**).
- They have a complex **internal structure** - a large double-stranded DNA genome is enclosed within a "core" that is flanked by 2 "lateral bodies".
- The **surface of the virus** particle is covered with filamentous protein components, so that the particles have the appearance of a "**ball of knitting wool**".
- The entire particle is enclosed in an **envelope** derived from the host cell membranes.
- Most poxviruses are **host-species specific**, but **vaccinia** is a remarkable exception.
- True pox viruses **are antigenically rather similar**, so that infection by one elicits immune protection against the others.

Four orthopoxviruses cause infection in humans: **variola, vaccinia, cowpox, and monkeypox**.

Variola virus **infects only humans** in nature, although primates and other animals have been infected in an experimental setting.

Vaccinia, cowpox, and monkeypox viruses can infect **both humans and other animals** in nature.

- **Chickenpox** is **not** a true poxvirus and is caused by the herpesvirus varicella zoster.
- The life cycle** of poxviruses is complicated by having multiple infectious forms, with differing mechanisms of cell entry. Poxviruses are unique among human DNA viruses in that they **replicate in the cytoplasm** of the cell rather than in the nucleus. To replicate, poxviruses **produce a variety of specialized proteins** not produced by other DNA viruses, the most important of which is a **viral- associated DNA-dependent RNA polymerase**. Both **enveloped and unenveloped virions are infectious**. The **viral envelope is made of modified Golgi membranes** containing viral-specific polypeptides, including **hemagglutinin**. Infection with either variola major virus or variola minor virus confers immunity against the other.

Laboratory Diagnosis of Poxviruses: -

- **Microscopically**, poxviruses produce characteristic cytoplasmic inclusion bodies, the most important of which are known as **Guarnieri bodies**, and are the sites of viral replication. Guarnieri bodies are readily identified in skin biopsies stained with **hematoxylin** and **eosin**, and appear as **pink blobs**. They are found in virtually all poxvirus infections **but the absence of Guarnieri bodies** could not be used to rule out smallpox.

-The diagnosis of an orthopoxvirus infection can also be made rapidly by **electron microscopic** examination of **pustular fluid** or **scabs**. All orthopoxviruses exhibit **identical brick-shaped** virions by electron microscopy.

If particles with the **characteristic morphology of herpesviruses** are seen this will eliminate smallpox and other orthopoxvirus infections.

-Definitive laboratory identification of variola virus involved **growing the virus** on **chorioallantoic membrane** (part of a chicken embryo) and examining the resulting **pock lesions** under defined temperature conditions.

- Strains were characterized by polymerase chain reaction (PCR).
-Serologic tests and enzyme linked immunosorbent assays (ELISA), which measured variola virus-specific immunoglobulin and antigen were also developed to assist in the diagnosis of infection.

Chickenpox was commonly confused with smallpox in the immediate post eradication era. **A variety of laboratory methods** were available for detecting chickenpox in the evaluation of suspected smallpox cases.

-Some pox viruses can be isolated by **cell-culture**.

Smallpox virus

-belongs to the genus **Orthopoxvirus**. The **last naturally occurring** case was diagnosed in **October 1977**, and the World Health Organization (WHO) certified the global **eradication of the disease in 1980**, making it the only human disease to be eradicated.

-There are two forms of the smallpox, **variola major** is the severe and most common form, with a more extensive rash and higher fever. **Variola minor** is a less common presentation, causing less severe disease, typically discrete smallpox, with historical death rates of 1% or less.

- **Subclinical (asymptomatic)** infections with variola virus were noted but were not common. In addition, a form called **variola sine eruption (smallpox without rash)** was seen generally in vaccinated persons. This form was marked by a

fever that occurred after the usual incubation period and could be confirmed only by antibody studies or, rarely, by viral culture.

- Moreover, there were two very rare and **fulminating types** of smallpox, the **malignant** (flat) and **hemorrhagic forms**, which were usually fatal.

Transmission:

1. Transmission occurred through **inhalation of airborne** variola virus, usually droplets expressed from the oral, nasal, or pharyngeal mucosa of an infected person.

2. It was transmitted from one person to another primarily through prolonged **face-to-face contact** with an infected person, usually, within a distance of 1.8 m (6 feet),

3. It could also be spread through **direct contact** with infected bodily fluids or contaminated objects (fomites) such as bedding or clothing.

4. Rarely, smallpox was spread by virus carried in the air **in enclosed settings** such as buildings, buses, and trains.

5. The virus can **cross the placenta**, but the incidence of congenital smallpox was relatively low.

6. Smallpox was not notably infectious in the prodromal period and viral shedding was usually delayed until the appearance of the rash, which was often accompanied by lesions in the mouth and pharynx.

7. The virus can be transmitted most frequently during **the first week** of the rash when most of the skin lesions were intact.

8. Infectivity waned **in 7 to 10 days** when scabs formed over the lesions, but the infected person was contagious until the last smallpox scab fell off.

9. Smallpox was highly contagious, but generally spread more slowly and less widely than some other viral diseases, perhaps because transmission required close contact and occurred after the onset of the rash.

10. The overall rate of infection was also affected by the short duration of the infectious stage.

11. In **temperate areas**, the number of smallpox infections was **highest** during the winter and spring. In **tropical areas**, seasonal variation was **less evident** and the disease was present throughout the year.

12. Age distribution of smallpox infections depended on acquired immunity.

13. Vaccination immunity declined over time and was probably lost within thirty years.

14. Smallpox was **not known** to be transmitted by **insects** or **animals** and there was no asymptomatic carrier state.

VACCINIA VIRUS

- A large, complex, enveloped virus belonging to the poxvirus family.
- It has a linear, double-stranded DNA genome.
- The vaccinia virus is the **source** of the **modern smallpox vaccine**, which the World Health Organization used to **eradicate** smallpox in a global vaccination campaign in 1958–1977.
- Although smallpox no longer exists in the wild, vaccinia virus is still studied widely by scientists as a tool for **gene therapy** and **genetic engineering**.
- Vaccinia virus is able to undergo **multiplicity reactivation (MR)**, the process by which two, or more, virus genomes containing otherwise lethal damage interact within an infected cell to form a viable virus genome, MR provides the advantage of recombinational repair of genome damages.
- Whole-genome sequencing has revealed that vaccinia is most closely related to **horsepox**, and the **cowpox** strains found in **Great Britain** are the least closely related to vaccinia.
- Vaccinia contains within its **genome genes** for several **proteins** that give the **virus resistance** to **interferons**.
- Vaccinia virus infection is typically very **mild** and often does not cause symptoms in healthy individuals, although it may **cause rash and fever**.
- **Immune responses generated from a vaccinia virus** infection protects the person against a **lethal smallpox infection**. For this reason, vaccinia virus was, and still is, being used as a **live-virus vaccine** against smallpox.

Questions

- 1- Compare between HSV type 1 and 2 ?
- 2- what are the Steps of HSV viral replication?
- 3- Enumerate the types of human herpes viruses?