Blood pathology 2

BLEEDING DISORDERS

B) Acquired bleeding disorders

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 They are more common than the inherited disorders, and unlike, inherited disorders, multiple clotting factor deficiencies are usual.

VITAMIN K DEFICIENCY

- Fat-soluble vitamin K is obtained from green vegetables and bacterial synthesis in the gut.
 Deficiency may present in the newborn (hemorrhagic disease of the newborn) or in later life.
- Deficiency of vitamin K is caused by an inadequate diet, malabsorption or inhibition of vitamin K by drugs such as warfarin, which acts as **vitamin K** antagonists.



Diagnosis

• The PT and aPTT are both **abnormal**. The platelet count and fibrinogen are normal with absent **fibrin degradation products**.

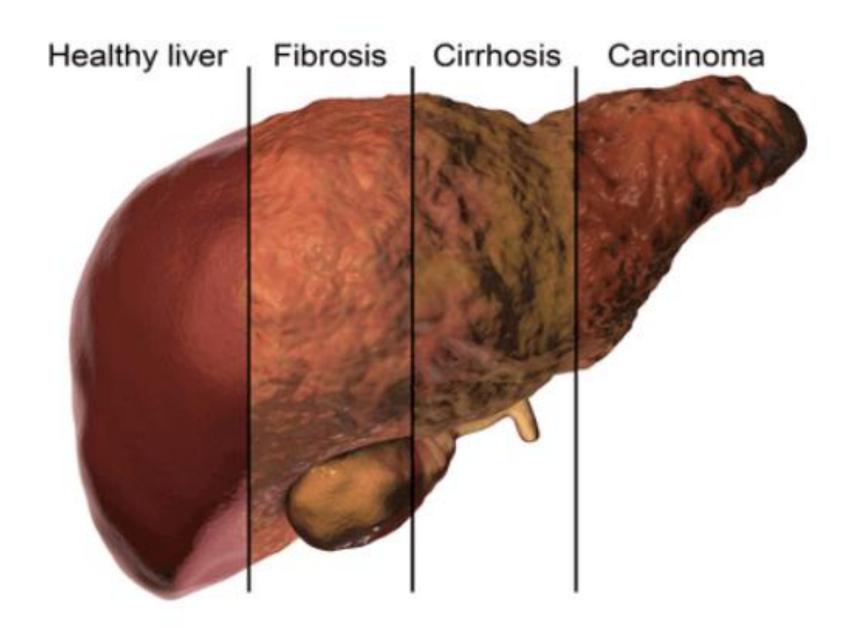
Vitamin K deficiency in children and adults

• Deficiency resulting from obstructive jaundice, pancreatic or small bowel disease occasionally causes a bleeding in children or adults.

• Diagnosis: both PT and aPTT are prolonged. There are low plasma levels of factors II, VII, IX, and X.

LIVER DISEASE

- Multiple hemostatic abnormalities contribute to a bleeding:
- 1- Biliary obstruction results in impaired absorption of vitamin K and therefore decreased synthesis of factors II, VII, IX, and X by liver cells.
- 2- With severe hepatocellular disease, there are often reduced levels of factor V and fibrinogen
- 3- Functional abnormality of fibrinogen (dysfibrinogenemia) is found in many patients.
- 4- Decreased **thrombopoietin production** from the liver contributes to thrombocytopenia.
- 5- Hypersplenism results in thrombocytopenia.



• DISSEMINATED INTRAVASCULAR COAGULATION (DIC)

• Inappropriate, widespread deposition of fibrin within blood vessels with consumption of coagulation factors and platelets occurs as a results of many disorders which release clotting material into the circulation or cause widespread endothelial damage or platelet aggregation.

Clinical features

• These are dominated by bleeding, particularly from vein puncture sites or recent wounds.

There may be **general bleeding** in the gastrointestinal tract

Laboratory findings

• In many acute syndromes the blood may fail to clot because of **sever fibrinogen deficiency**.

Tests of haemostasis:

- 1- The platelet count is low
- 2- Fibrinogen concentration is low
- 3- The thrombin time is prolonged
- 4- High levels of fibrin degredation products such as D-dimers are found in serum and urine.

- 5. The PT and aPTT are prolonged in the acute syndromes
- Blood film examination in many patients there is a hemolytic anemia (microangiopathic) and the red cells show fragmentation because of damage caused when passing through **fibrin strands** in small vessels.



Q. What are some common conditions that can lead to excessive bleeding?

Answer:

- 1- Hemophilia (Factor VIII or IX deficiency)
- 2- Vitamin K deficiency
- 3- Liver disease
- 4- Thrombocytopenia
- 5- Von Willebrand disease

Thank You For Listening